

AJWAIN (*Trachyspermum ammi*)

Family - Umbelliferaceae

Synonyms –

- **Ajmoda**- Its fruit is having smell resembles to goat.
- **Khrashva**- eat by mainly donkeys.
- **Deepya**- acts as an appetizer.

Rasa-Panchak

- **Guna** - Laghu, Rooksha
- **Rasa** - Katu, Tikta
- **Vipaka** - Katu
- **Veerya** - Ushna



Chemical Constituent: Glycosides, Steroids, Phenols

Part used - Fruit

Dose - Churna: 1 to 3 gm;

Taila: 1 to 3 drops

Formulation - Yavanishadav, Yavanikadi Kwatha