

HINGU (*Ferula narthex*)

Family - Umbelliferae

Synonyms:

- **Agudagandhal:** Its smell cannot be covered.
- **Jantughna:** Acts as antimicrobial.
- **Jaran:** Works as a good aappetizer.
- **Sahastravedhi:** Having many properties.

Rasa-Panchak

- **Guna** - Laghu, Snigdha, Teekshna
- **Rasa** - Katu
- **Vipaka** - Katu
- **Veerya** - Ushna

Chemical Constituent: Ferulic acid, Glucuronic acid

Part used- Latex

Dose -0.12 to 0.5 gm

Formulation - Hingvadi vati, Higavashtak Churna

