

VACHA (*Acorus calamus*)

Family - Araceae

Synonyms –

- **Ugra**-Cause burning sensation on tongue.
- **Uragandha**- has strong odour.
- **Golomi**-Its rhizome's hair are similar to cows hair.
- **Vacha**- Provides good speech.
- **Shadgrantha**- having six nodes.

Rasa-Panchak

- **Guna**-Laghu, Teekshna
- **Rasa** - Katu, Tikta
- **Vipaka** - Katu
- **Veerya** - Ushna
- **Prabhava** - Medhya

Chemical Constituents - Acolamone, Acorone, Acorenone, Acoramone, Cadalene, Calamenol, Camphene, Calamenene
Part used - Root, Stem

Dose-125 to 500 mg, For Vaman- 1 to 2 gm

Formulation - Saraswat Churna, Medhya Rasayan

