

Anjeer (*Ficus carica L.*)

Family: Moraceae

Vernacular: Hindi Anjeer, Sanskrit Anjeera, English Fig

Synonyms: Anjeer, Kakodumbara bheda

Ras Panchak:

Rasa - Madhura,

Guna - Guru Snigdha,

Veerya - Sheeta,

Vipaka - Madhura

Amayik Prayog: Vibandha, Daurbalya, Raktapitta, Swasa

Matra: Phal 2 - 3 nabag, Churna 3 - 6 g

Specific Formulation: Anjeer pak, Phalavleha

Chemical Composition: Glucose, Fructose, Ficin enzyme, Vit A & C, Potassium

