

GandhpRasarani / PRasarani (*Paederia foetida L.*)

Family: Rubiaceae

Vernacular Names: Hindi: Gandh Prasarni, English: Skunk vine/Chinese fever vine, Bengali: Gandhabhadulia Paryay / Sanskrit

Synonyms: Prasarini, Sarani, Rajabala, Gandhadhadhya, Balya, Katambhara, Bhadraparni

Ras Panchak:

Rasa	- Tikta,
Guna	- Guru, Sara,
Virya	- Ushna,
Vipaka	- Katu.

Doshagnata: VataKapha shamak

Amayik Prayog: Vata vyadhi, Amavata, Mutrakrichra, Vatarakta, rheumatic pain, piles, cough, abdominal pain, infertility

Matra: Fresh Swarasa 10 - 15 ml, Churna 2 - 4 g, Kwatha 50 - 100 ml

Specific Formulations: Amavata me Prasarini kwatha + guda + lasuna, Mutrakrichra me paste with coconut water

Chemical Composition: Asperuloside, paederoside, scandoside, sitosterol, stigmasterol, ursolic acid, quercetin, kaempferol

