

**Karmarda / Karonda (*Carissa carandas L.*)**

**Family:** Apocynaceae

**Vernacular:** Hindi Karonda, Sanskrit Karamarda, English Christ's Thorn

**Synonyms:** Karamarda, Krishnapakphal, Kshirphena

**Ras Panchak:**

**Rasa** - Amla,

**Guna** - Guru,

**Veerya** - Ushna,

**Vipaka** - Katu

**Amayik Prayog:** Aruchi, Atisara, Raktapitta, Krimiroga

**Matra:** Phal churna 2 - 4 g, Kwath 60 - 120 ml

**Specific Formulation:** Karamardadi avaleha, Phalavleha

**Chemical Composition:** Vit C, Carissol, Lupeol, Ursolic acid, Citric & Malic acid

