

**Nimbu (*Citrus limon (L.) Osbeck*)**

**Family:** Rutaceae

**Vernacular:** Hindi Nimbu, Sanskrit Jambira, English Lemon

**Synonyms:** Jambira, Nimbuka, Amlajambira

**Ras Panchak:**

**Rasa** - Amla Madhura,

**Guna** - Laghu Teekshna,

**Veerya** - Ushna,

**Vipaka** - Amla,

**Prabhav** - Deepana

**Amayik Prayog:** Ajeerna, Aruchi, Twak roga, Trishna, Chardi

**Matra:** Swa Rasa 5 - 10 ml, Chhal churna 1 - 3 gm

**Specific Formulation:** Nimbu sharbat, Eladi churna

**Chemical Composition:** Citric acid, Ascorbic acid, Limonene, Betapinene, Flavonoids

