

SHAMI (*Prosopis cineraria* (L.) Druce)

Family: Mimosaceae / Fabaceae

Vernacular Names: Hindi: Shami, Chikur | Sanskrit: Shami, Tunga, Lakshmi | Punjabi: Jand | Gujarati: Khijado | Tamil: Vanni | Telugu: Jammi

Synonyms: *Prosopis spicigera* Linn., Shaktuphala, Keshahantri, Mangalya

Botanical Description: 15 - 20 feet kantedar ped. Chhal bahar se safed, andar se peeli. Patte chhote, 8 - 10 leaflets wale. Phal 10 - 15 cm lambi fali, kacche me sabzi "Sangri" banti hai

Habitat: Dry forests, marusthal. Rajasthan ka state tree. 45°C tak jhelta hai

Ras Panchak:

Rasa: Kashaya, Madhura

Guna: Laghu, Ruksha

Virya: Sheeta

Vipaka: Katu

Doshaghnata: Kapha Pitta shamak

Amayik Prayog: Miscarriage, insect bite, cough, raktapitta, atisara, daha, vrana, arsha

Part Used: Chhal, Phal, Patra, Pushpa, Niryas

Matra: Patra swaras 10 - 15 ml | Churna 2 - 4 gm | Kwath 50 - 100 ml

Specific Yoga: Ksharagada. Garbhapata me pushpa ka kalka mishri ke sath. Raktapitta me patra swaras ka nasya

Chemical Composition: Spicigerine, Prosogerin A,B,C,D, Prosophylline, Patulitrin, Luteolin, Rutin, Sitoside, Tannins, Gallic acid. Beej me protein, Vitamin C, Ca, P, Zn

