

**Shirish (*Albizia lebeck (L.) Benth.*)**

**Family:** Fabaceae / Mimosaceae

**Vernacular Names:** Hindi: Siris/Shiris, English: Lebeck Tree, Bengali: Sirish, Marathi: Shiras Paryay / Sanskrit

**Synonyms:** Shirisha, Bhandi, Sitapuspa, Sukapriya, Mrdupuspa, Vishaghna, Kapitana

**Ras Panchak:**

**Rasa** - Tikta, Kashaya, Madhura,

**Guna** - Laghu, Ruksha

**Virya** - Sheeta,

**Vipaka** - Katu

**Doshaghната:** Tridosha shamak, Vishaghna

**Amayik Prayog:** Visha, Swasa/asthma, Kasa, Kushtha, allergic conditions, poisoning, inflammation, wounds

**Matra:** Churna 3 - 6 g/day, Kwatha 50 - 100 ml

**Specific Formulations:** Shirishavaleha, Shirisharista, Ksharagad, Koshatakyadi Agad, Ashtanga Agad

**Chemical Composition:**  $\beta$ sitosterol, melacidin, Dcatechin, betulnic acid, echinocystic acid glycosides, alkaloids, tannins, flavonoids, saponins

