

B.A.M.S. 1st PROF. Batch-2025-2026 (w.e.f 16/04/2026)

TIMING	08:00 AM TO 09:00 AM	09:00 AM TO 10:00 AM	10:00 AM TO 11:00 PM	11:00 AM TO 12:00 PM	12:00 PM TO 01:00 PM	01:00 PM TO 02:30 PM	02:30 PM TO 03:30 PM
SUBJECT	KRIYA-SHARIR	PADARTHA	RACHANA-SHARIR	SAMHITA ADHYANA 1	LUNCH	PRACTICAL	SANSKRIT
MONDAY	DR. ANKIT SAXENA (Asstt. Professor)	DR. ANKIT CHANDAK (Asstt. Professor)	DR. NEETU SINGH (Asso. Professor)	DR. PUNEET SHARMA (Professor)	LUNCH	Rachana-Sharir Lab (01-30), Rachana-Sharir Museum (31-60) DR. SANDEEP RANDHAWA (Asstt. Professor)	MR. NITIN KUMAR (Asstt. Professor)
TUESDAY	DR. ANKIT SAXENA (Asso. Professor)	DR. ANKIT CHANDAK (Asstt. Professor)	DR. NEETU SINGH (Asso. Professor)	DR. PUNEET SHARMA (Professor)	LUNCH	Rachana-Sharir Lab (31-60), Rachana-Sharir Museum (01-30) DR. NEETU SINGH (Asso. Professor)	MR. NITIN KUMAR (Asstt. Professor)
WEDNESDAY	DR. ANKIT SAXENA (Asso. Professor)	DR. ANKIT CHANDAK (Asstt. Professor)	DR. NEETU SINGH (Asso. Professor)	DR. PUNEET SHARMA (Professor)	LUNCH	Kriya-Sharir Lab (01-30), Kriya-Sharir Museum (31-60) DR. MUKESH SAINI (Asstt. Professor)	MR. NITIN KUMAR (Asstt. Professor)
THURSDAY	DR. MUKESH SAINI (Asstt. Professor)	DR. PUNEET SHARMA	DR. SANDEEP RANDHAWA (Asstt. Professor)	DR. ANKIT CHANDAK (Asstt. Professor)	LUNCH	Kriya-Sharir Lab (31-60), Kriya-Sharir Museum (01-30) DR. ANKIT SAXENA (Asso. Professor)	MR. NITIN KUMAR (Asstt. Professor)
FRIDAY	DR. MUKESH SAINI (Asstt. Professor)	DR. PUNEET SHARMA	DR. SANDEEP RANDHAWA (Asstt. Professor)	DR. ANKIT CHANDAK (Asstt. Professor)	LUNCH	Remedial Classes (Optional) YOGA /SPORTS	MR. NITIN KUMAR (Asstt. Professor)
SATURDAY	DR. MUKESH SAINI (Asstt. Professor)	DR. PUNEET SHARMA	DR. SANDEEP RANDHAWA (Asstt. Professor)	DR. ANKIT CHANDAK (Asstt. Professor)	LUNCH	Remedial Classes (Optional) LIBRARY	MR. NITIN KUMAR (Asstt. Professor)

Note: Remedial classes are only for needy students as per the subject specific they need to focus.

Rajshree Ayurvedic Medical College & Hospital,
Bareilly

