

**Udumber / Gular (*Ficus racemosa L.*)**

**Family:** Moraceae

**Vernacular:** Hindi Gular, Sanskrit Udumbara, English Cluster Fig

**Synonyms:** Udumbara, Sadaphala, Hemadugdhaka

**Ras Panchak:**

**Rasa** - Kashaya,

**Guna** - Guru Ruksha,

**Veerya** - Sheeta,

**Vipaka** - Katu

**Amayik Prayog:** Raktapitta, Atisara, Pradara, Madhumeha, Vrana

**Matra:** Twak churna 3 - 6 g, Kwath 50 - 100 ml, Ksheer 5 - 10 drops

**Specific Formulation:** Udumbaradi churna, Nyagrodhadi kwath, Panchavalkal kwath

**Chemical Composition:** Racemosic acid, Gluanol acetate, Betasitosterol, Tannins, Flavonoids

